



# Albany Maritime Ministry

Welcoming seafarers along the Hudson River in New York's Capital District

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Now a ministry of the Capital Area Council of Churches

## Spring/Summer News

Volume 3:1; July 13, 2017

### Farewell, Rev. Vernon Victorson

After years of faithful service, our invaluable chairman and missionary has retired. Rev. Victorson dedicated many long hours to our ministry. He will be missed.

### Ahoy, New Chair



Board member **David Truland, Esq.**, has been unanimously elected to chair our Board of Directors. David brings a wealth of experience to the position. He is a member of the Attorneys for Children and Assigned Counsel panels of Rensselaer County Family Court. David served on the Synod Council of the Upstate New York Synod of the Evangelical Lutheran Church in America (ELCA) between 1998 and 2006. Between 2005 and 2011, he was Synod Vice President and part of the ELCA Church Council. David is a member and past president of Faith Lutheran Church in Troy, NY, and an avid photographer.

### Busy Volunteers Supported by Generous Donors

Albany Maritime Ministry (AMM) greeted about 5-7 ships *per* month during the first half of 2017 (about 36 vessels). We distributed many Christmas shoebox gifts, thanks to over 300 box donations to our Christmas at Sea program. In May, we displayed a table of information at the Roman Catholic Diocesan Enrichment program at the College of St. Rose.

For generously sharing their gifts and talents, we thank the Upstate NY Synod of the ELCA, St. Thomas youth group (Delmar), the Downings, Second Chance Thrift Shop (on the American Italian Heritage Association campus), donors to the Christmas at Sea program, and our new volunteers.

### Volunteers Needed

Please consider joining our growing "small port ministry with a big heart." We have several positions available and can tailor them to meet your interests and availability. *Bless you & happy sailing!*

#### Highlights:

- Farewell, Rev. Vernon Victorson
- Ahoy, new chair
- Busy volunteers supported by generous donors
- Sidebar: A peril of working at sea
- Volunteers needed

### A Peril of Working at Sea

A recent study\* (MARTHA) suggests that the longer maritime workers are at sea, the greater is their fatigue, stress and loss of motivation. Problems build up after six months, which can harm the physical and mental health of the workers. Hours worked each day also affected the outcome.

\* Presented in *The Sea*, Issue 247 May/June 2017, [missiontoseafarers.org](http://missiontoseafarers.org).



Looking north at the Livingston Avenue Bridge which spans the Hudson River between Albany and Rensselaer counties. [Caseyjonz](https://www.flickr.com/photos/caseyjonz/) [Public domain]



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